

# 

## ABC Emotions





What topics should kids know more about?

Emotions

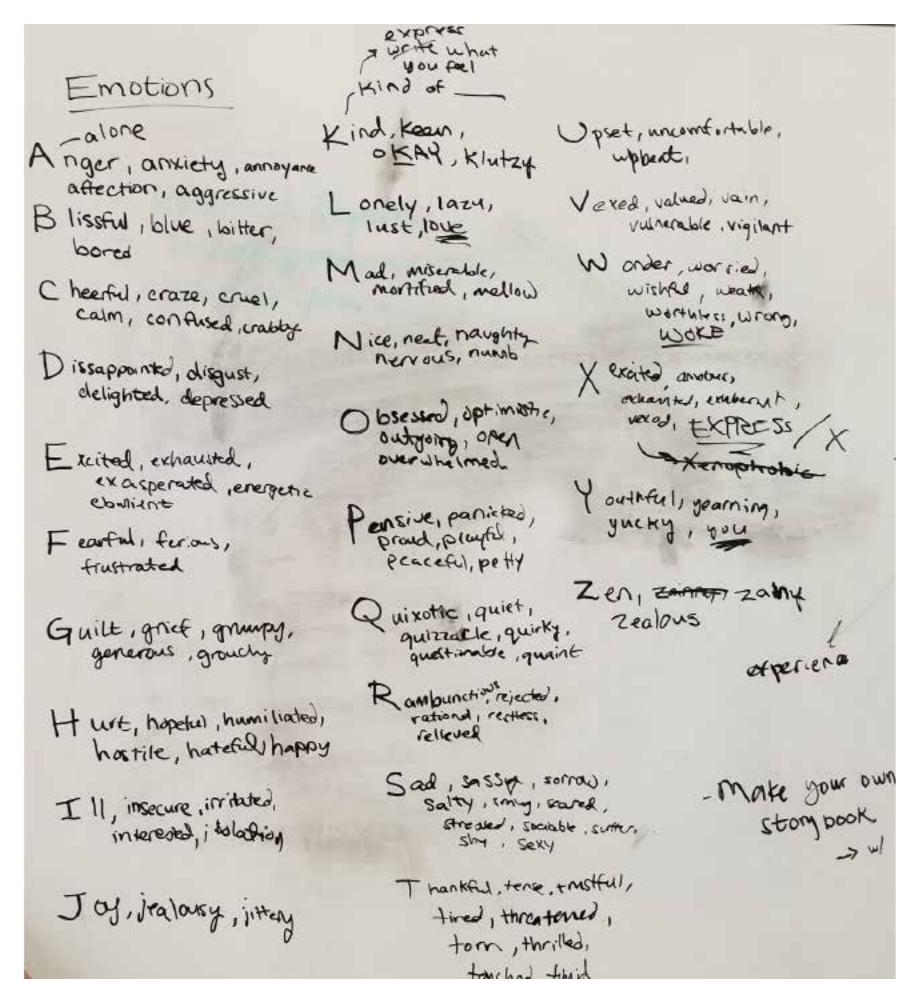


## Intended Learning Outcomes

Emotions are natural There is depth to emotions There is a healthy way to work through any emotion Everyone's emotions are important



## Initial Planning



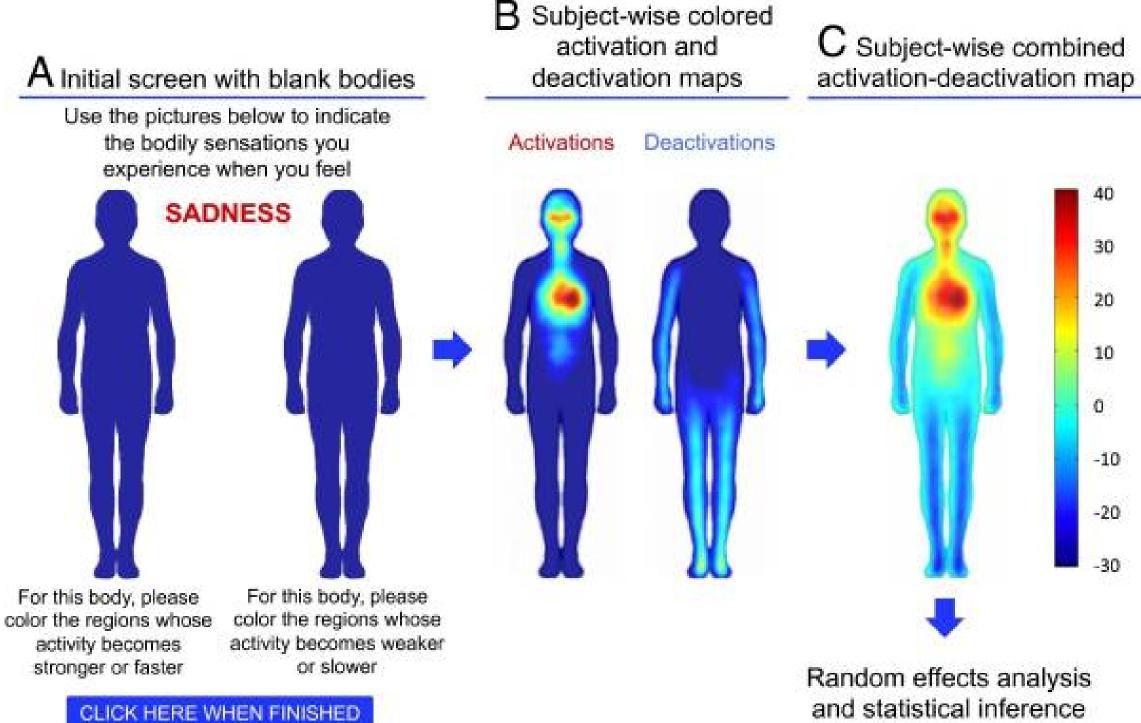
Deciding on the letters

#### As a team, we wrote out all of the letters and came up with possible words to use with them.



Mapping the connotation of each chosen word

#### **Content Research**



Body map of physical effect of emotions from research by Nummenmaa et al.

A lot of research emphasized treating kid's emotions with as much severity and respect as an adult's. They can usually start to feel complex emotions as early as age 2 but cannot express such for another few years.

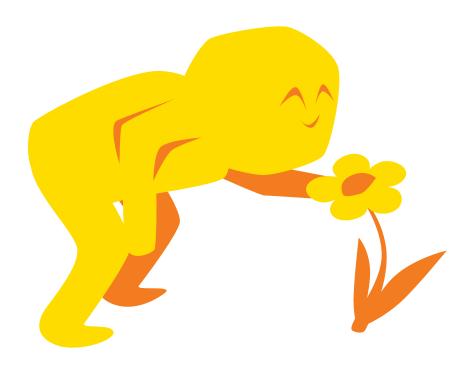
#### Why Cards?

Kids can pick up one or a few out of the deck Can lay all of them out at once Front and back options Many vocabulary teaching materials are cards



## Layout Planning

We discussed the important information that was needed for the front and back of each card.



Sketching some possible layouts

Front - Definition - the importance of emotion. Sord - How to deal with emotion?



#### Sketches



Happiness is a feeling of great joy or pleasure!

Happiness is a feeling of great joy or pleasure!

When you are happy you should take note of the sensation to remember it and think about what made you happy in the first place.



This is Kyle. Kyle enjoys spending time with his kitty. He likes to pat the kitty on its head and rub its belly. Kyle is really glad when the kitty purrs. The kitty makes Kyle smile a lot, too!

The kitty makes Kyle happy!

What makes you happy?





Happiness is a feeling of great joy or pleasure!

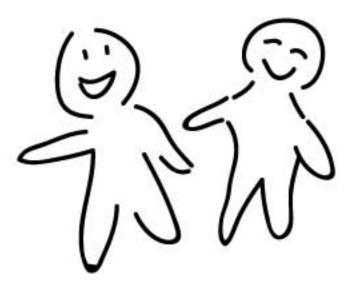
You might feel happy when...

When you are happy you should take note of the sensation to remember it and think about what made you happy in the first place.

What makes you happy?

Happiness is a feeling of great joy or pleasure!

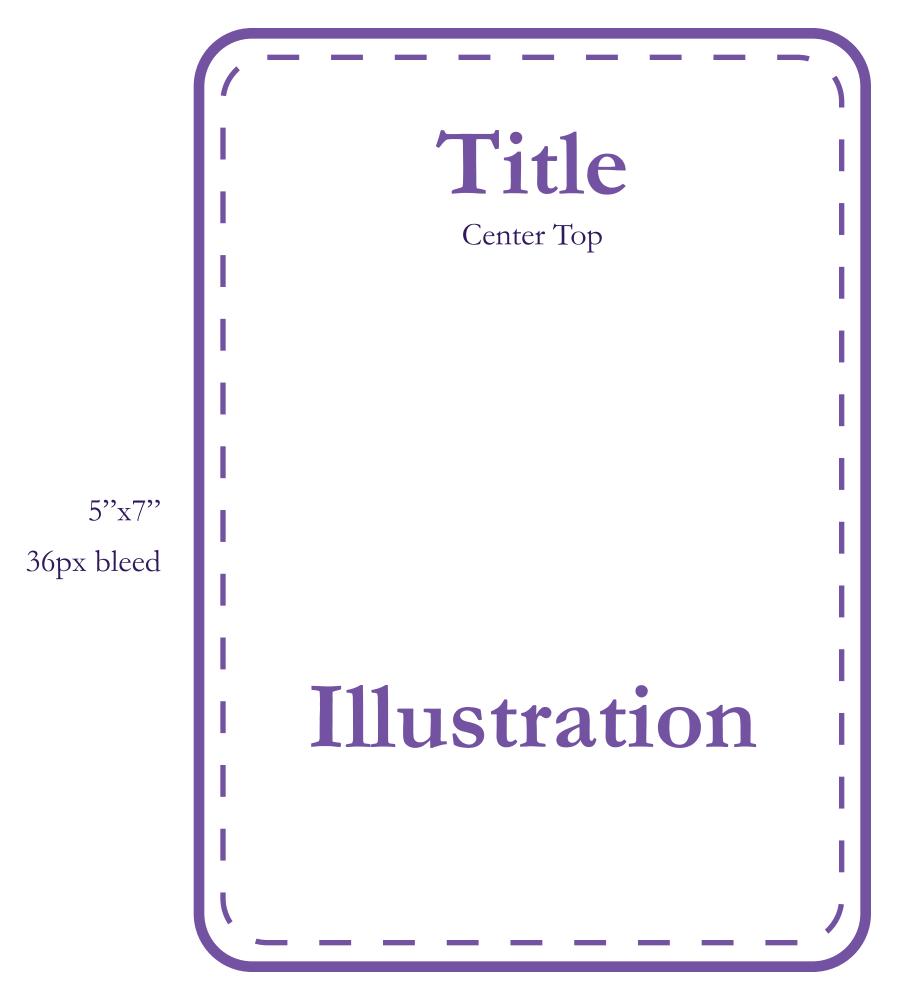
You might feel happy when you do an activity you love to do, when you spend time with a friend you like, or even seeing your pet. You might also feel tingly in your body and you can't stop smiling!



It's great to feel happy! When you are happy you should take note of it to remember how it makes you feel and what made you happy in the first place.

What makes you happy?

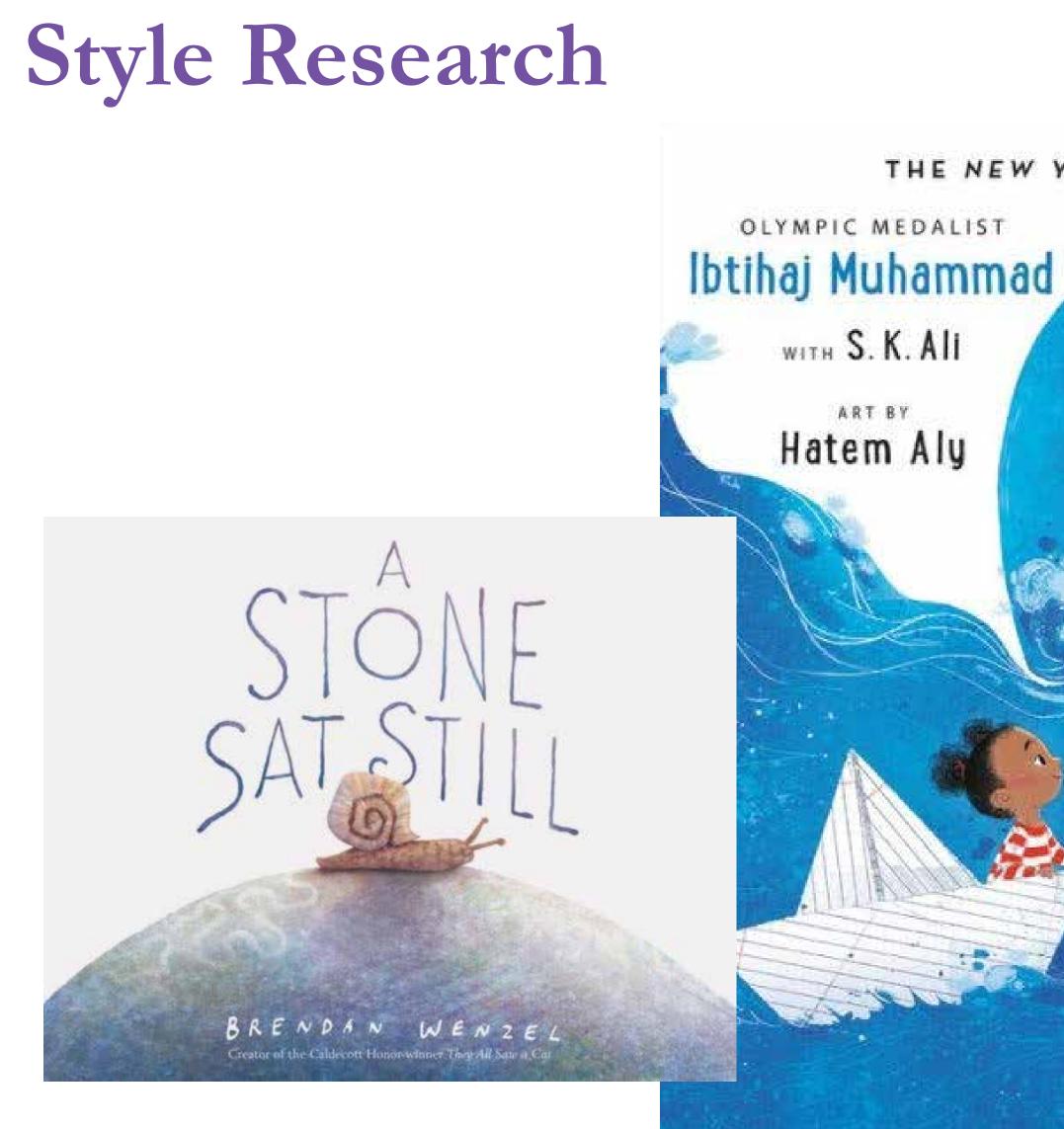
#### **Decisions Made**



Front

#### Illustration

Story description. No more than two sentences. Must be short and simple. Centered in the page





THE NEW YORK TIMES BESTSELLER

# THE PROUDEST RILL DLOL A Story of Hijab and Family

# Embarrassed



## Mood Board

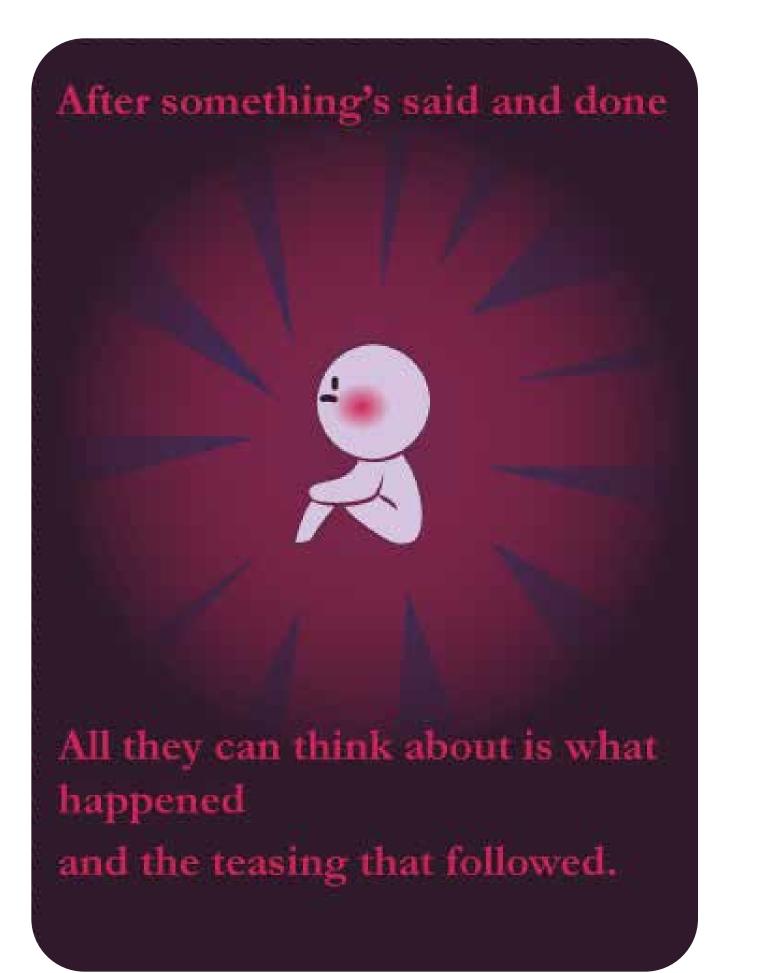




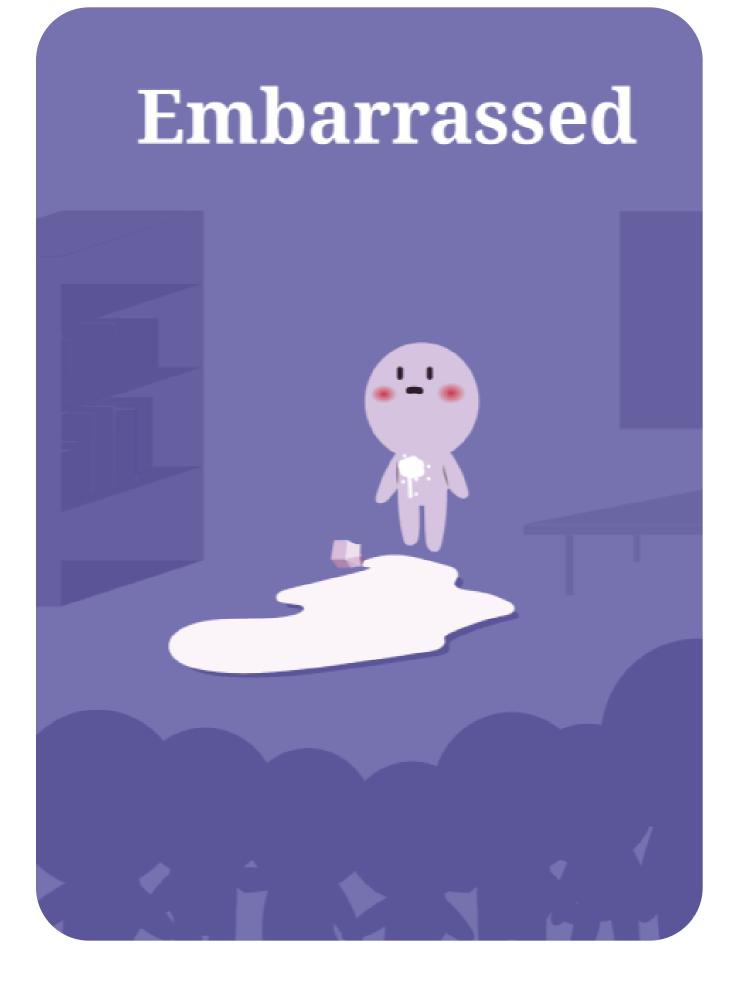


#### **Design: Version 1**





## Design: Final Version



Hollie spilled her milk all over herself. She was so **embarrassed**, she thought everyone was going to stare and laugh.

#### Interaction



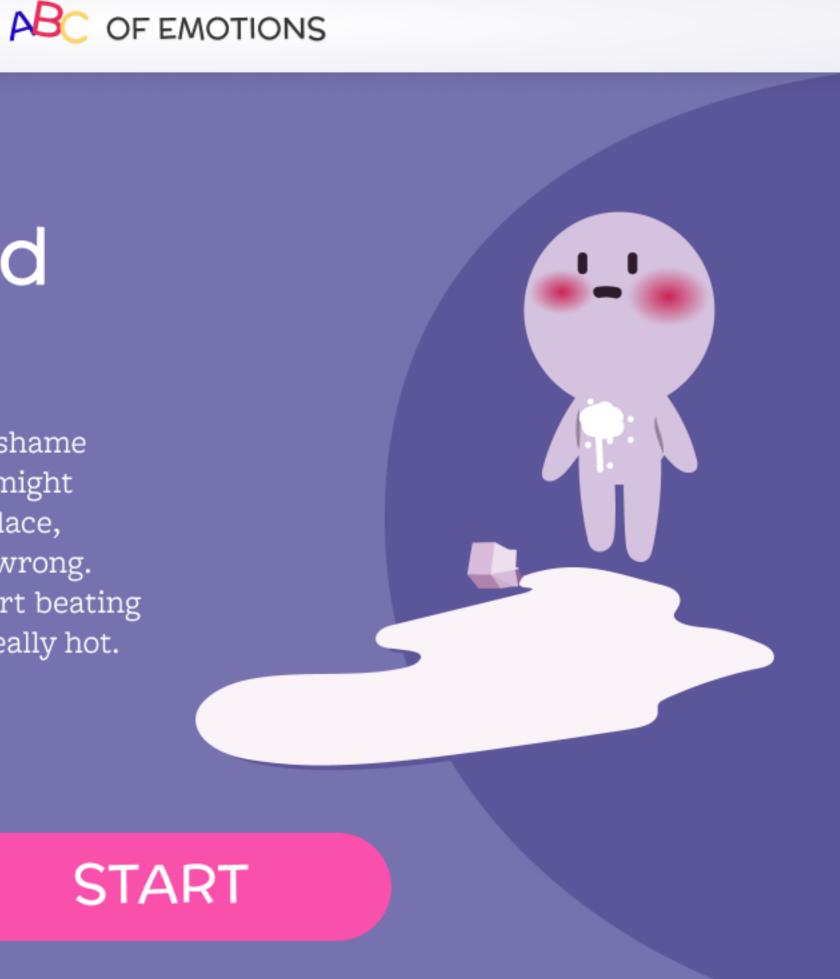


#### Emarrassed

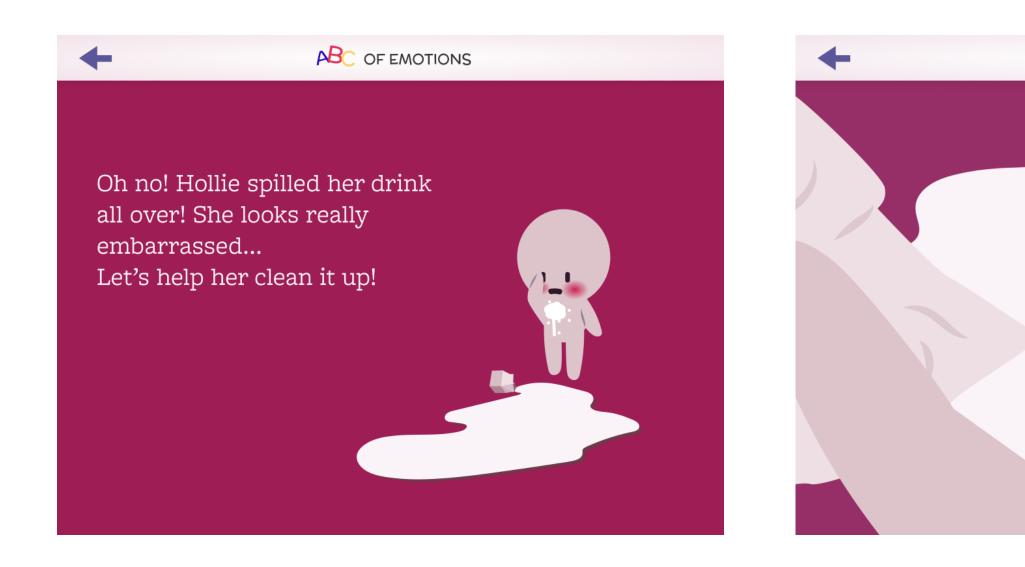
#### Definition

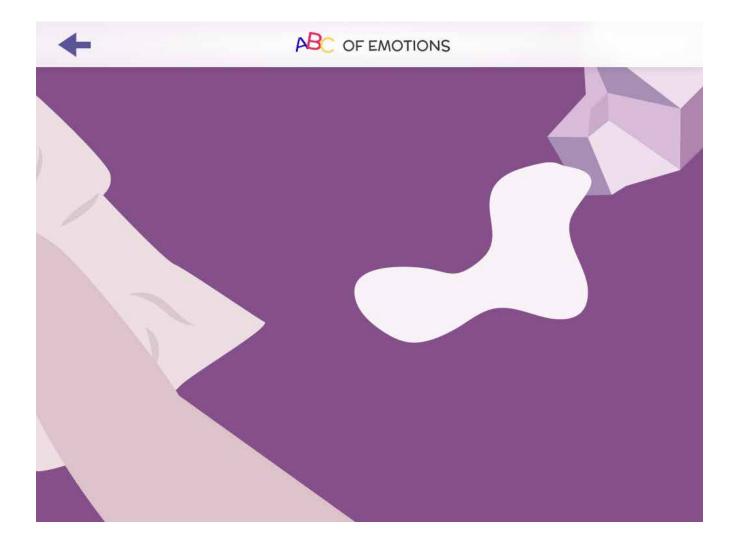
Embarrassment is a feeling of shame over a mistake you made. You might have just tripped on your shoelace, spilled a drink, or said a word wrong. You might also notice your heart beating fast and your face might feel really hot.

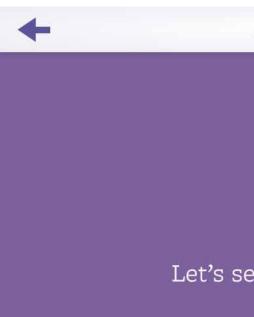
Let's help Hollie get over her embarrassing moment.

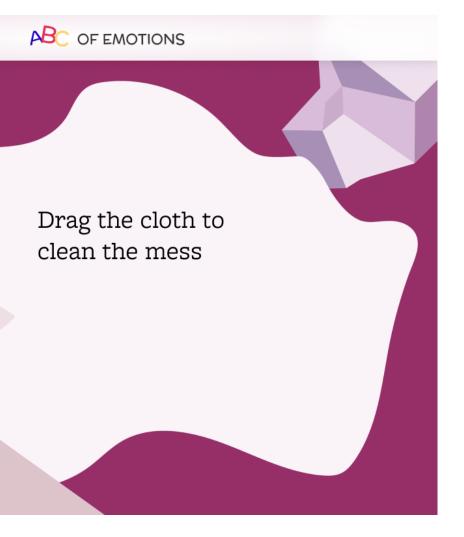


#### Interaction













Great work! Let's see how Hollie is doing



Hollie is glad to have someone like you around to help her!

She knows it's okay to feel embarrassed sometimes, and making mistakes is okay! Because working to fix them is the best thing to do!



DONE



# Happy







......





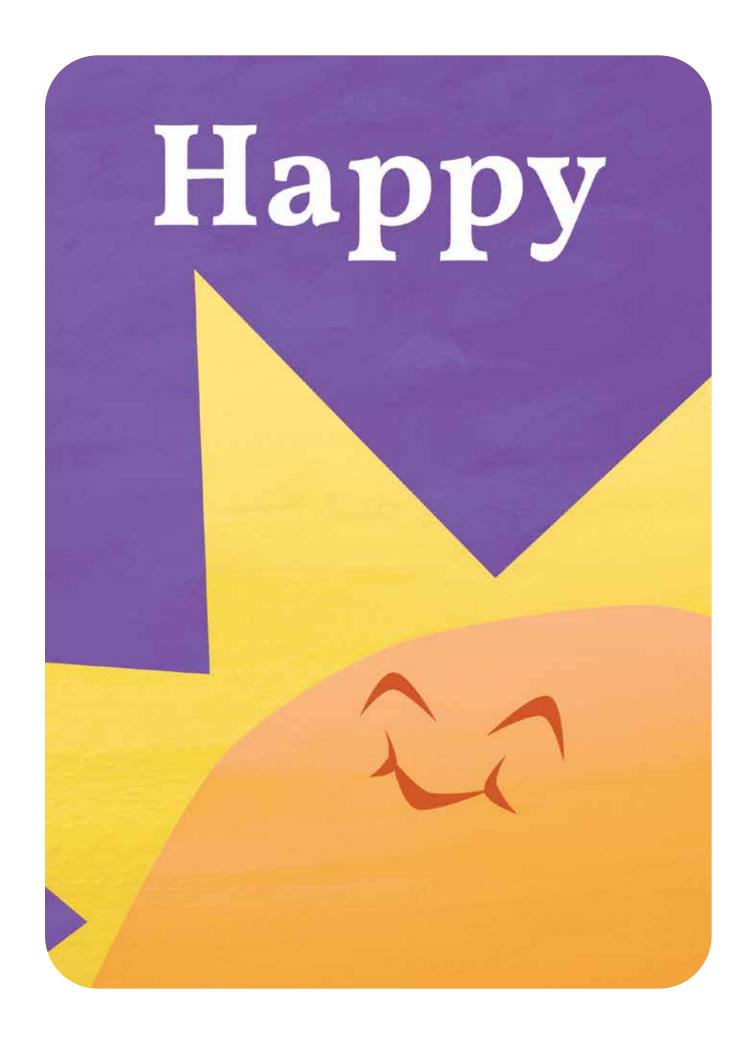
## Design: Version 1



To end their time of sad and gray, the sun decides to go and play!

What would make you happy today?

## Design: Final Version



The sun likes to shine bright through the clouds! They are **happy** to warm the ground and make flowers bloom.

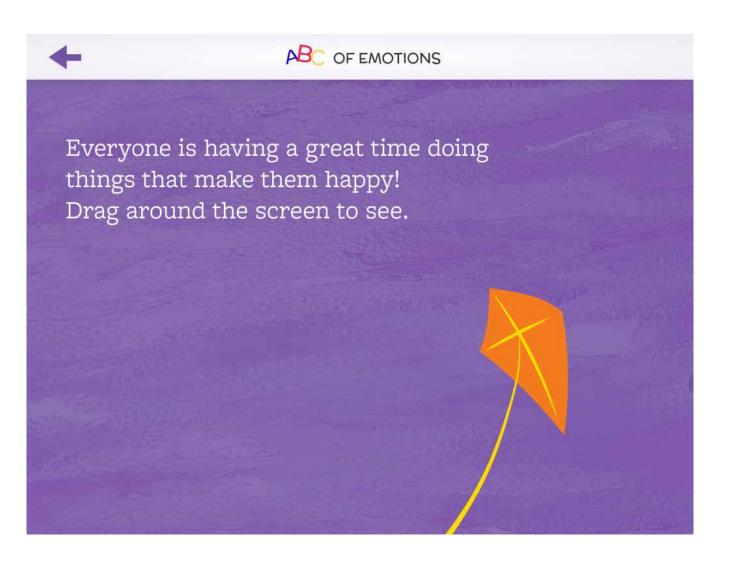
#### Interaction



## Happy

#### Definition

#### Interaction



Everyone is having a great time doing things that make them happy! Drag around the screen to see.

> Alex is happy when he flies his kite



The sun is happy to shine and help make everyone's day a little brighter

> Robin is happy when they swing really high



Amelie is happy when she smells flowers



Benjamin is happy when he sees butterflies

Kyle and Emma are happy when they play soccer together

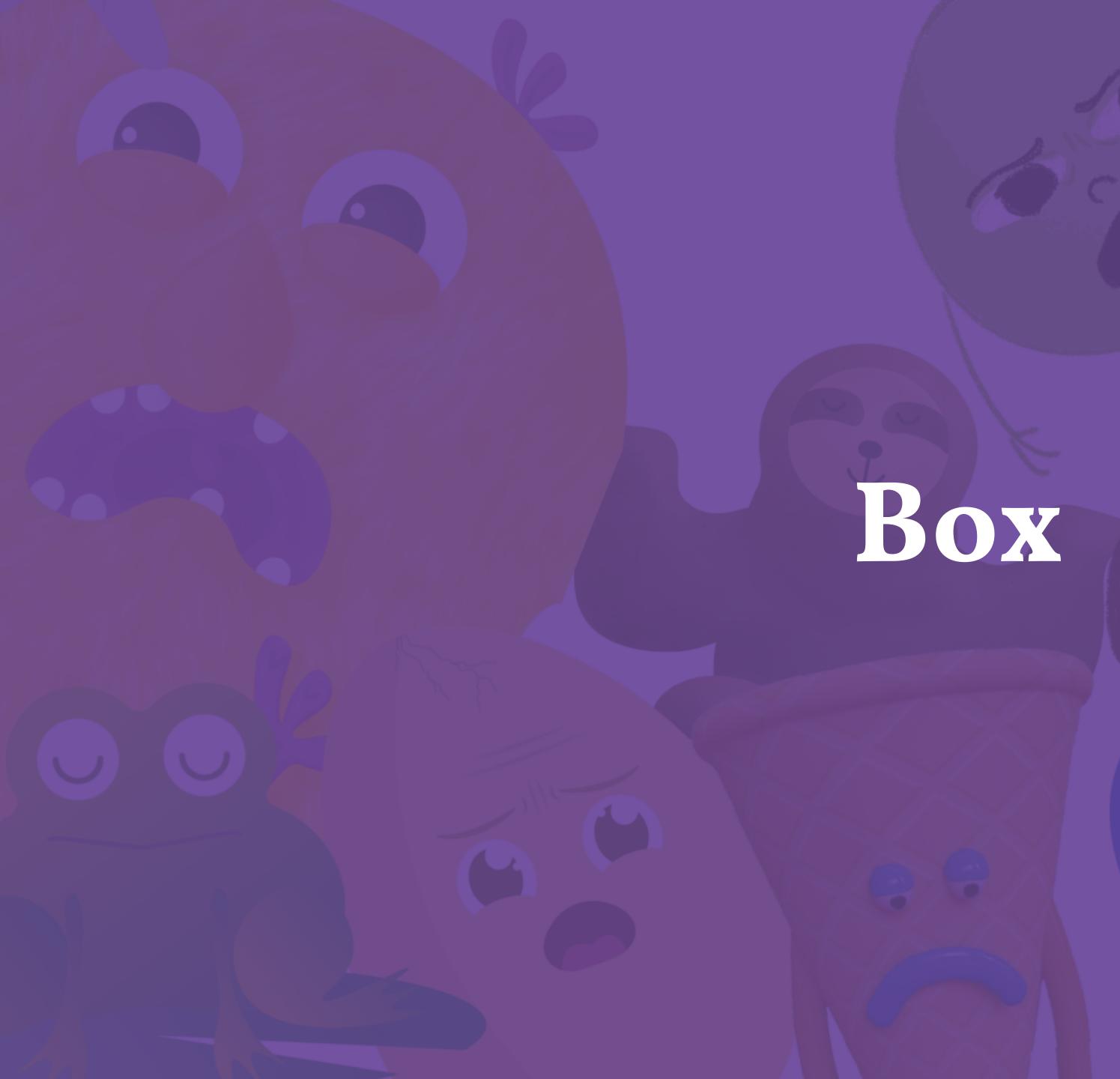


Harper is happy when they do cartwheels

Patrick is happy when he reads

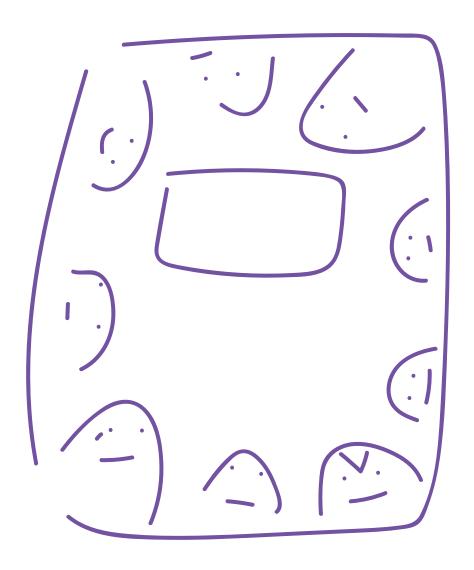
> What kinds of things make you happy?







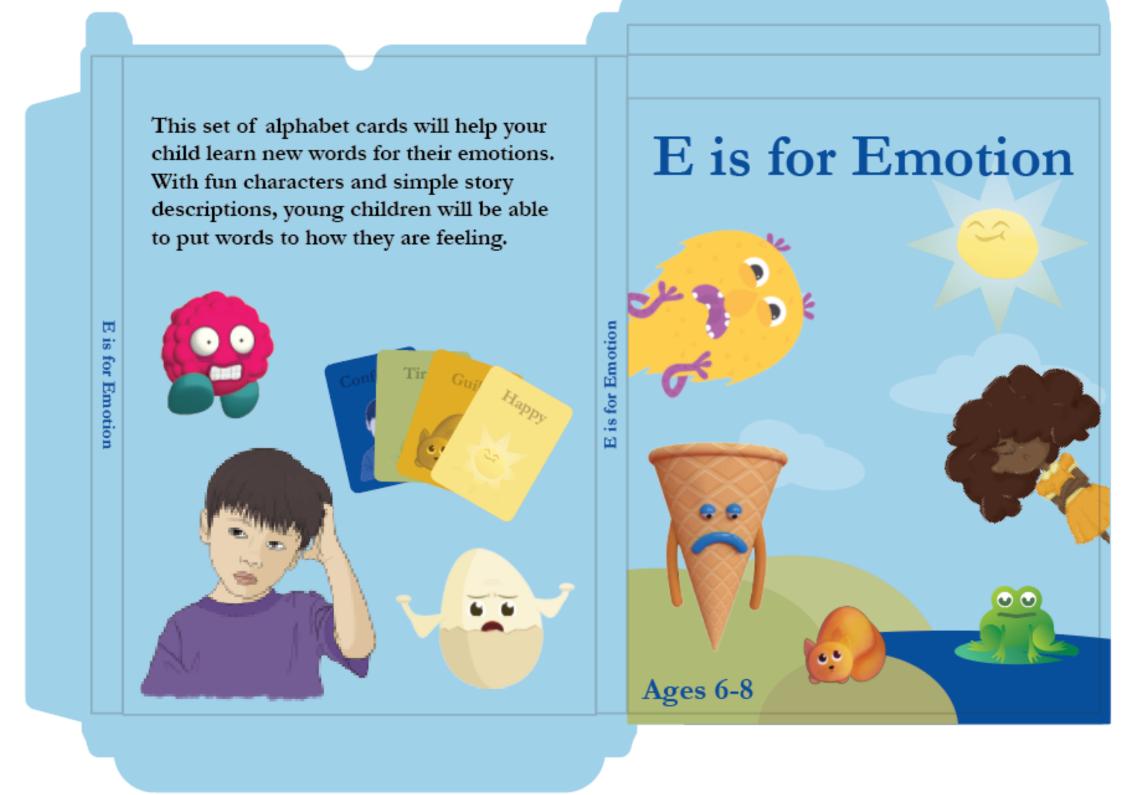
#### Sketches







## Design: Version 1 and 2

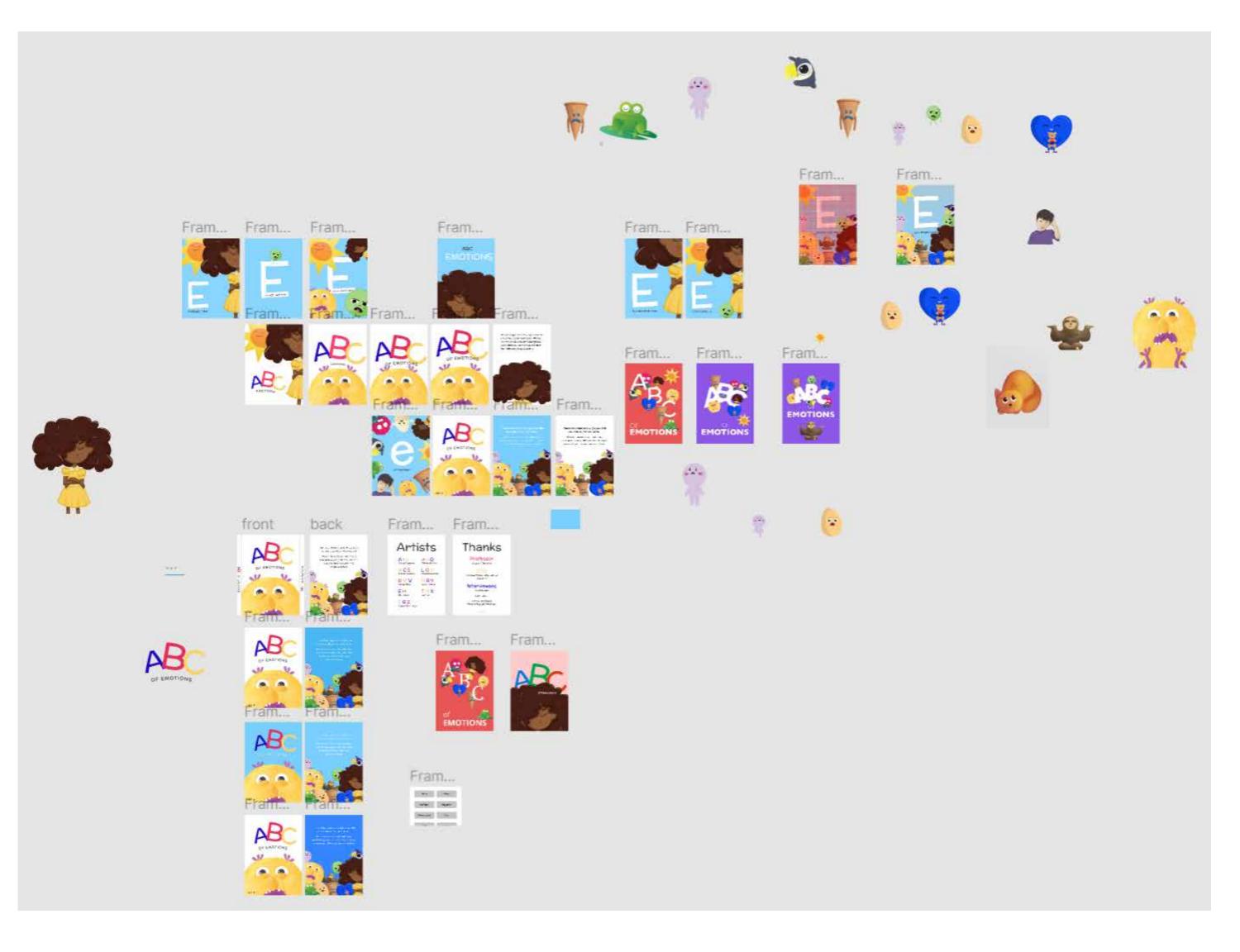


This set of alphabet cards will give your child a new vocabulary for how they feel. With fun characters and simple story descriptions, young children will be able to put words to their often very complex emotions.

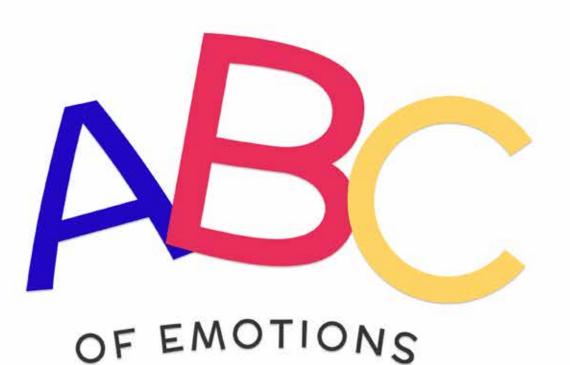
# For the second s



## Group Works On a Bunch of Designs Together



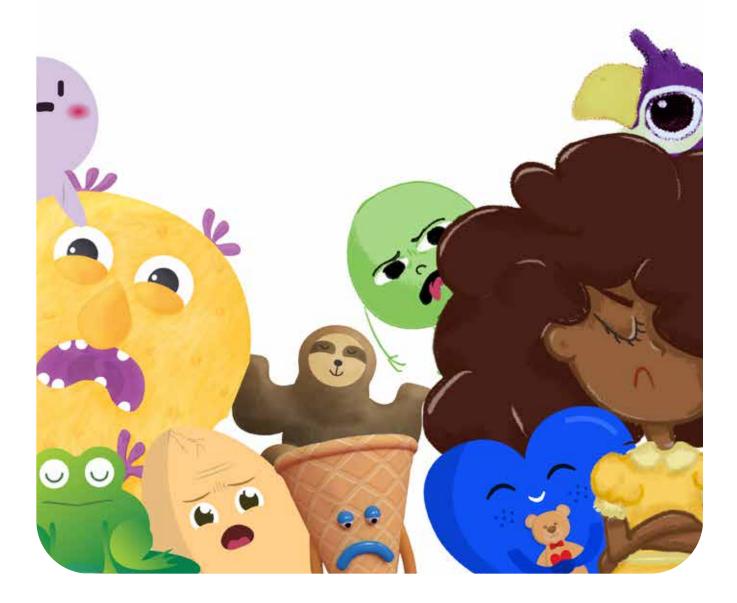
## Design: Final Version





This set of alphabet cards will give your child new vocabulary for how they feel.

With fun characters and simple story descriptions, young children will be able to put words to their often very complex emotions.



# Final Product



## **Concluding Thoughts**



It was really great to hold a physical product at the end!

This project was a great learning opportunity. Not only did I learned a great deal about designing a satisfying product for kids, but the group as a whole learned a great deal about maintaining solid team work even under pressure.



# Thank You!

#### Sources

**Referenced Articles:** https://www.ncbi.nlm.nih.gov/pmc/articles/P-MC3896150/ https://www.teachstarter.com/us/blog/teaching-emotions-to-kids-in-the-classroom-us/ https://childhood101.com/managing-big-emotions-best-resources-to-use-with-kids/ https://www.ncbi.nlm.nih.gov/books/NBK539266/

Image Sources:

- https://www.kidscanpress.com/sites/default/files/products/noisy\_poems\_for\_a\_busy\_day.jpg https://embed.cdn.pais.scholastic.com/v1/systems/sso/prod-
- ucts/identifiers/isbn/9781338312232/cover/renditions/400?useMissingImage=true
- https://prodimage.images-bn.com/pimages/9780316519007\_p0\_v1\_s600x595.jpg
- https://prodimage.images-bn.com/pimages/9781452173184\_p0\_v2\_s550x406.jpg
- https://previews.123rf.com/images/nikkiphoto/nikkipho-
- to1202/nikkiphoto120200075/12440828-%E6%98%A5%E3%81%AE%E7%BE%8E%E3%81%97%E3%81 %84%E9%BB%84%E8%89%B2%E3%81%AE%E3%83%81%E3%83%A5%E3%83%BC%E3%83%AA% E3%83%83%E3%83%97%E3%81%A8%E3%82%A4%E3%83%BC%E3%82%B9%E3%82%BF%E3%83%
- BC%E3%81%AE%E8%83%8C%E6%99%AF.jpg
- https://www.lucky-shop.jp/contents/wp-content/uploads/2018/05/9-min-1024x683.jpg
- https://mymodernmet.com/wp/wp-content/uploads/archive/yRkmK-Ovh7E8klHVNatH\_1082140470.jpeg https://us.123rf.com/450wm/rawpixel/rawpixel1702/rawpix-
- el170225301/78752602-stock-vector-graphic-illustration-of-cute-melting-icecream.jpg?ver=6
- https://d2v9y0dukr6mq2.cloudfront.net/video/thumbnail/Ioeh-
- FAQ/warm-yellow-christmas-decorative-defocused-lights-4k-2160p-uhd-footage-deco\_vyof6ygse\_F0000.png https://photoshopstar.com/media/2016/13953/final-results.jpg
- https://colorpalettes.net/wp-content/uploads/2018/06/cvetovaya-palitra-3888.png
- https://c8.alamy.com/comp/W25CWG/abstract-sunset-illustra-
- tion-abstract-evening-or-sunset-mood-background-texture-with-pink-gradient-purple-cloudy-sky-and-pastel-col ored-bokeh-lights-W25CWG.jpg
- https://png.pngtree.com/thumb\_back/fw800/back-
- ground/20190223/ourmid/pngtree-fantasy-starry-sky-watercolor-smoke-fashion-background-backgroundpurp le-gradientwatercolor-backgroundradial-image\_68789.jpg
- https://media.rainpos.com/Checker/8228B-22.jpg
- https://i.pinimg.com/originals/02/ca/6a/02ca6a2668e7d3cc496aa52710e4e18e.jpg
- https://i.pinimg.com/originals/5e/63/77/5e637791215350b88f9a4905bce1277d.jpg
- https://cdn.shopify.com/s/files/1/1244/3904/products/Lay-
- ers\_of\_Life\_Sunny\_Day\_SM\_b6f7aa0d-da40-40f4-b424-3bd73f0fe363\_2048x.jpg?v=1553127308